

## Humboldt County Referral Form – Specialty Guidelines

### St. Joseph Health Medical Group GENERAL SURGERY

- **Please let patients know that we will call to schedule all new patient appointments.**
- Please fax referrals to Eureka office at 707-443-4847 or our Fortuna office at 707-725-7247.
- For *Urgent Referrals*, please call the Eureka office at 707-443-2248 or Fortuna 707-725-9832 and ask to speak with a referral coordinator.
- Unless urgent, eRAF must be included in the referral for patients with Partnership Health Plan.

Reason for Referral (Clinical Question)	“Required” Clinical Testing & Documentation	“Preferred” Additional Clinical Testing & Documentation
<b>ABDOMINAL PAIN</b>	<ul style="list-style-type: none"> <li>• Abdominal ultrasound/CAT</li> <li>• CBC, CMP</li> <li>• Colonoscopy/EGD procedure notes and pathology</li> <li>• Operative notes and pathology</li> </ul>	
<b>ANEMIA</b>	<ul style="list-style-type: none"> <li>• CBC, CMP</li> <li>• FOBT OR FIT</li> </ul>	
<b>BARRETT’S ESOPHAGUS</b>	<ul style="list-style-type: none"> <li>• Colonoscopy/EGD procedure notes and pathology</li> </ul>	
<b>COLON CANCER SCREENING</b>	<ul style="list-style-type: none"> <li>• All previous Colonoscopy procedure notes and pathology</li> <li>• Sleep study if indicated by STOP Bang screening</li> </ul>	
<b>CONSTIPATION</b>	<ul style="list-style-type: none"> <li>• Rectal examination</li> <li>• Documentation of trial and failure of lifestyle management, fiber, and laxatives (ie. Senna, Miralax, Lactulose, Fiber)</li> </ul>	Consider referral to Gastroenterology.
<b>CROHN’S AND ULCERATIVE COLITIS</b>	<ul style="list-style-type: none"> <li>• Stool tests, CBC, CMP, calprotectin</li> <li>• Colonoscopy procedure notes and pathology</li> <li>• CT scan results if done</li> </ul>	Consider referral to Gastroenterology.
<b>DIARRHEA</b>	<ul style="list-style-type: none"> <li>• Stool tests, CBC, CMP, calprotectin</li> <li>• Colonoscopy/EGD procedure notes and pathology</li> <li>• CT scan results if done</li> </ul>	
<b>DYSPHAGIA</b>	<ul style="list-style-type: none"> <li>• EGD procedure notes and pathology</li> <li>• CBC, CMP</li> <li>• Esophagram</li> <li>• Documentation of trial of PPI</li> </ul>	

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<b>EGD</b>	<ul style="list-style-type: none"> <li>• EGD procedure notes and pathology</li> <li>• Sleep study if indicated by STOP Bang</li> </ul>	
<b>GERD</b>	<ul style="list-style-type: none"> <li>• All medications tried and failed</li> <li>• EGD procedure notes and pathology</li> </ul>	
<b>INGUINAL HERNIA</b>	<ul style="list-style-type: none"> <li>• Examination notes</li> </ul>	Ultrasound not indicated
<b>LIPOMA</b>	<ul style="list-style-type: none"> <li>• Documentation that lipoma is causing pain</li> <li>• Ultrasound if atypical</li> </ul>	
<b>RECTAL BLEEDING</b>	<ul style="list-style-type: none"> <li>• Rectal exam</li> <li>• CBC, CMP</li> </ul>	
<b>ULCERATIVE COLITIS</b>	<ul style="list-style-type: none"> <li>• Stool test, CBC, CMP, CRP or Sed rate</li> <li>• Colonoscopy procedure note and pathology</li> </ul>	Consider referral to Gastroenterology
<b>UMBILICAL HERNIA</b>	<ul style="list-style-type: none"> <li>• Examination notes</li> </ul>	
<b>VENTRAL HERNIA</b>	<ul style="list-style-type: none"> <li>• Examination notes</li> <li>• Consider ultrasound</li> </ul>	